



A Better Future Starts Here

This is a unique opportunity to receive services that have not existed before - services that are built specifically for fathers like you.

By participating, you are not just helping yourself - you are helping your children, your family, and your future.



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The Male Engagement Worker Program

Engaging Fathers,
Strengthening Families
& Supporting Change

If you are a father involved with child welfare due to concerns around domestic violence or conflict, you are not alone - and not without support. The Male Engagement Worker (MEW) Program is here to help you take meaningful steps toward change, healing, and stronger relationships with your children.

What is The MEW Program?

The MEW Program was created to fill a gap in the child welfare system: engaging men - especially fathers - in a way that is honest, equity-focused, respectful, and supports growth. Whether or not domestic violence is present, fathers have often been left out of the conversation. This program changes that.

We believe that when fathers are supported to reflect on their actions and build healthier relationships, everyone benefits - especially children.



What Support Will You Receive?

Through the MEW Program, you'll have access to:

- **One-on-One Supportive Counselling**

Using approaches like motivational interviewing, MEWs help you explore your goals, challenges, and strengths.

- **Safety Planning & System Navigation**

Get help connecting with community resources and making safe, informed decisions for yourself and your family.

- **Group Sessions for Fathers**

Learn and grow alongside other fathers in a supportive group setting. Topics include:

- Building healthy parent-child relationships
- Co-parenting strategies
- Responsibility and conflict resolution
- Understanding the impact of your behaviour on children



Why It Matters?

This program is designed to help you:

- **Be more engaged in your child's life**
- **Understand how your actions affect your children**
- **Reduce conflict and harmful behaviours**
- **Build a foundation for healthier relationships**
- **Be an active part of Safety Planning for your child**

